

## FOR IMMEDIATE RELEASE

August 4<sup>th</sup>, 2015

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# Celebrant Foundation & Institute Offers New *Ceremonies for Healing and Transition* Course: Specially Designed for Our Most Challenging Life Passages

**Montclair, NJ** – The Celebrant Foundation & Institute (CF&I) is pleased to announce that it is offering its renewed *Ceremonies for Healing and Transition* course this Fall 2015 semester. This revolutionary course delves into the trials, tribulations and triumphs of day-to-day life that are seldom spoken aloud and rarely - if at all - honored through ceremony.

This course presents in-depth case studies from experienced Life-Cycle Celebrants® in a format that mixes live webinars, podcasts, videos and deep discussion. *Ceremonies for Healing and Transition* is the first course of its kind to offer a vast array of real-life ceremonies for difficult life passages. The course features the works of Celebrants with diverse backgrounds: art therapists, social workers, and deathcare professionals who use healing rituals in their work.

#### Ceremony case-studies include:

- chronic and life-threatening illnesses
- addiction and recovery
- pregnancy trauma and infant loss
- relationship reclaiming
- divorce
- gender identity and transitions
- prisoner re-entry
- employment transitions such as: layoffs, retirement and organizational changes
- sacred dying and bereavement and community healing for shared trauma.



**Stacy Mitchell** 

The Ceremonies for Healing course is taught by CF&I faculty member Stacy Mitchell. Stacy has been practicing the art of Celebrancy since graduating from the CF&I in 2005 with a certificate in Healing in Transitions & Funeral Celebrancy. Stacy was called to this work by the needs of those in her community who wished to have meaningful, personalized funeral and memorial ceremonies that were not dependent upon religious affiliation.

Stacy has a background in the Healing Arts as a Reiki Master/Teacher in Usui, Karuna. She is a writer, public speaker, advocate, and group facilitator. She holds two Bachelor of Science degrees from Drury University, in Psychology and Criminal Justice, and is devoted to volunteerism in her community in the areas of child abuse prevention, domestic violence survivor support, prisoner and probationer rehabilitation, and the support of multi-cultural diversity programs and services. Originally from the Midwest, Stacy now lives with the love of her life at their home near Pismo Beach, California, where she is a full-time Life-Cycle Celebrant® serving the Central Coast of California.

#### **About the Celebrant Foundation & Institute**

The Celebrant Foundation & Institute (CF&I) is the nation's preeminent online educational institute that teaches and certifies people as modern day ritual and ceremony professionals called Life-Cycle Celebrants®. Founded in 2001, the educational nonprofit organization headquartered in Montclair, NJ, is a member of the International Federation of Celebrants. To date, the CF&I has graduated nearly 900 Life-Cycle Celebrants® who preside over 20,000 ceremonies each year throughout North America, Asia and Europe. To learn more about the CF&I, visit www.celebrantinstitute.org

# **About Life-Cycle Celebrants®**

Life-Cycle Celebrants® are certified graduates of the Celebrant Foundation & Institute. The CF&I's rigorous, seven-month, transformational program is taught via real-time, web-based, teacher-led classes where students explore the art of ritual, ceremony, world and faith traditions, ceremonial writing, and public speaking. Graduates of the program are certified as Life-Cycle Celebrants®, professionals who are specially trained to perform and co-create personalized, substantive and meaningful ceremonies for weddings, funerals and other life events that reflect the needs, beliefs and values of the people they are honoring.

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